

# Become a Healthier, Happier You... Use Your Tax-Free Account

You'll feel good when you use tax-free dollars to save 25-40% on many of the healthcare supplies and services you and your family need to keep well.

See examples of possible savings for you, your spouse and all your tax dependents below:

- Physical exams
- Lab fees
- Diagnostic services
- Chiropractic
- Physical therapy
- Travel immunizations
- Occlusal guards
- Dental fluoride treatments
- Monitoring and testing devices
- Mental health\*
- Vitamin and nutritional supplements\*
- Orthodontia
- Lasik surgery
- Eyeglasses, contact lenses and solution
- Weight-loss and stopsmoking programs\*

*\*Some expenses may require a prescription from your doctor to be eligible.*

Reduce your stress...use your Benny® prepaid benefits card instead of cash. It makes it easy to pay for both small or large expenses because money comes out of each paycheck instead of out of your pocket at the time you pay. Plus, you may get discounts on orthodontia and other major expenses.



## What does it mean?

**Flexible Spending Account (FSA)** - An IRS-approved plan that allows you to earmark part of your wages to pay for specific current healthcare expenses, tax free.

**Health Savings Account (HSA)** - An account that allows you to save tax-free dollars from your wages to pay for current or future healthcare expenses approved by the IRS.

Email questions to  
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